What is claimed is:

[Claim 1] 1. A wearable body support system, comprising:

a first elongated cushion assembly and a second elongated cushion assembly;

an upper strap attached to a top portion of said first and second elongated cushion assemblies and configured to attach to a user's waist; and

wherein said first elongated cushion assembly and said second elongated cushion assembly are separate components and are configured to be worn by a user and provide cushioning and support to the user's posterior lower torso and legs.

[Claim 2] 2. The wearable body support system of claim 1, further comprising:

an upper torso support having an upper cushion assembly, a pair of arm straps attached to said upper cushion assembly and a bottom strap attached to a bottom portion of said upper cushion assembly; and

wherein said upper torso support is configured to attach to a user's upper torso and provide cushioning and support to the user's back.

[Claim 3] 3. The wearable body support system of claim 1, further comprising:

a first lower leg support and a second lower leg support; said first and second leg support including a lower leg cushion assembly and a lower leg strap attached to said lower leg cushion assembly; and

wherein said first and second lower leg supports are configured to attach to the user's lower legs.

[Claim 4] 4. The wearable body support system of claim 1, further comprising:

a connecting strap extending between and connecting a top portion of said first elongated cushion assembly and a top portion of said second elongated cushion assembly.

[Claim 5] 5. The wearable body support system of claim 1, further comprising:

a first knee support attached to said first elongated cushion assembly and a second knee support attached to said second elongate cushion assembly.

[Claim 6] 6. The wearable body support system of claim 1, wherein said first and second elongated cushion assemblies include a padding element and a cover.

[Claim 7] 7. The wearable body support system of claim 2, wherein said upper cushion assembly includes a padding element and a cover.

[Claim 8] 8. The wearable body support system of claim 7, wherein said padding element in said upper cushion assembly includes a buoyant material.

[Claim 9] 9. The wearable body support system of claim 2, wherein said upper cushion assembly includes an inflatable tube element.

[Claim 10] 10. The wearable body support system of claim 6, wherein said cover includes a graphic.

[Claim 11] 11. A wearable body support system, comprising:

a first elongated cushion assembly and a second elongated cushion assembly;

an upper strap attached to a top portion of said first and second elongated cushion assemblies configured to attach to a user's waist;

a connecting strap extending between and connecting a top portion of said first elongated cushion assembly and a top portion of said second elongated cushion assembly; and

wherein said first elongated cushion assembly and said second elongated cushion assembly are configured to attach to a user's body extending from the user's lower torso to the user's legs and provide support to the user's posterior lower torso and legs.

[Claim 12] 12. The wearable body support system of claim 11, further comprising:

an upper torso support having an upper cushion assembly, a pair of arm straps attached to said upper cushion assembly and a bottom strap attached to a bottom portion of said upper cushion assembly; and

wherein said upper torso support is configured to attach to a user's upper torso and provide cushioning and support to the user's back.

[Claim 13] 13. The wearable body support system of claim 11, further comprising:

a first lower leg support and a second lower leg support; said first and second leg support including a lower leg cushion assembly and a lower leg strap attached to said lower leg cushion assembly; and

wherein said first and second lower leg supports are configured to attach to the user's lower legs and provide support to the user's posterior lower leg.

[Claim 14] 14. The wearable body support system of claim 11, further comprising:

a first knee support attached to said first elongated cushion assembly and a second knee support attached to said second elongate cushion assembly.

[Claim 15] 15. The wearable body support system of claim 11, wherein said first and second elongated cushion assemblies include a padding element and a cover.

[Claim 16] 16. The wearable body support system of claim 12, wherein said upper cushion assembly includes a padding element and a cover.

[Claim 17] 17. The wearable body support system of claim 16, wherein said padding element includes a buoyant material.

[Claim 18] 18. The wearable body support system of claim 12, wherein said upper cushion assembly includes an inflatable tube element.

[Claim 19] 19. The wearable body support system of claim 15, wherein said cover includes a graphic.

[Claim 20] 20. A wearable body support system, comprising:

an upper torso support having an upper cushion assembly and a pair of arm straps attached to said cushion assembly;

a lower torso support having a first elongated cushion assembly and a second elongated cushion assembly, an upper strap attached to a top portion of said first and second elongated cushion assemblies; and

wherein said upper torso support is configured to attach to a user's upper body and said lower torso support is configured to attach to a user's lower torso and legs and provide support to the user's posterior lower torso and legs.

[Claim 21] 21. The wearable body support system of claim 20, further comprising:

a first lower leg support and a second lower leg support; said first and second leg support including a lower leg cushion assembly and a lower leg strap attached to said lower leg cushion assembly; and

wherein said first and second lower leg supports are configured to attach to the user's lower legs.

- [Claim 22] 22. The wearable body support system of claim 20, wherein said upper cushion assembly includes a padding element and a cover.
- [Claim 23] 23. The wearable body support system of claim 22, wherein said padding element includes a buoyant material.
- [Claim 24] 24. The wearable body support system of claim 20, further comprising a first knee support attached to said first elongated cushion assembly and a second knee support attached to said second elongated cushion assembly.